**PSHE and HRE– Curriculum Map Cycle A**

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| **Class** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| 1 | Class rules and routines  My family  Building new friendships  Anti-Bullying  Road Safety  Emotions | | Introduce ‘Stickability’  Looking after others/taking turns  Learning about qualities and differences/ celebrating differences  Dreams and goals  Online Safety | | A Healthy Body- Dental Health/Healthy eating  Keeping safe- Medicine safety/home safety/sun safety  Changing me  Online Safety | |
| Self-regulation: My feelings- EYFS | Building relationships: Special relationships- EYFS | Managing self: Taking on challenges- EYFS | Self-regulation: Listening and following instructions- EYFS | Building relationships: My family and friends- EYFS | Managing self: Happy head, happy heart- EYFS |
| Setting ground rules for HRE & PSHE Y1  Class rules | Family and relationships Y1 | Health and wellbeing Y1 | Safety and the changing body Y1 | Citizenship Y1 | Economic wellbeing Y1  Transition Y1 |
| 2 | Y1/2: Family and relationships (Cycle A) | Y1/2: Health and wellbeing (Cycle A) | Y1/2: Safety and the changing body (Cycle A) | Y1/2: Safety and the changing body (Cycle A) | Y1/2: Citizenship (Cycle A) | Y1/2 Economic wellbeing (Cycle A)  Y1/2: Transition (Cycle A) |
| 3 | Y3/4: Families and relationships (Cycle A) | Y3/4: Health and wellbeing (Cycle A) | Y3/4: Safety and the changing body (Cycle A) | Y3/4: Safety and the changing body (Cycle A) | Y3/4: Citizenship (Cycle A) | Y3/4: Economic wellbeing (Cycle A)  Y3/4: Transition (Cycle A) |
| 4 | Y5/6: Families and relationships (Cycle A) | Y5/6: Health and wellbeing (Cycle A) | Y 5/6: Safety and the changing body (Cycle A) | Y 5/6: Safety and the changing body (Cycle A) | Y5/6: Citizenship (Cycle A) | Y5/6: Economic wellbeing (Cycle A)  Y5/6: Transition (Cycle A)  Year 6 ONLY (Cycle A) Identity |

**PSHE and HRE– Curriculum Map Cycle B**

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| **Class** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** | |
| 1 | Class rules and routines  My family  Building new friendships  Anti-Bullying  Road Safety  Emotions | | Introduce ‘Stickability’  Looking after others/taking turns  Learning about qualities and differences/ celebrating differences  Dreams and goals  Online Safety | | A Healthy Body- Dental Health/Healthy eating  Keeping safe- Medicine safety/home safety/sun safety  Changing me  Online Safety | | |
| Self-regulation: My feelings- EYFS | Building relationships: Special relationships- EYFS | Managing self: Taking on challenges- EYFS | Self-regulation: Listening and following instructions- EYFS | Building relationships: My family and friends- EYFS | | Managing self: Happy head, happy heart- EYFS |
| Setting ground rules for HRE & PSHE Y1  Class rules | Family and relationships Y1 | Health and wellbeing Y1 | Safety and the changing body Y1 | Citizenship Y1 | | Economic wellbeing Y1  Transition Y1 |
| 2 | Y1/2: Family and relationships (Cycle B) | Y1/2: Health and wellbeing (Cycle B) | Y1/2: Safety and the changing body (Cycle B) | Y1/2: Safety and the changing body (Cycle B) | Y1/2: Citizenship (Cycle B) | | Y1/2 Economic wellbeing (Cycle B)  Y1/2: Transition (Cycle B) |
| 3 | Y3/4: Families and relationships (Cycle B) | Y3/4: Health and wellbeing (Cycle B) | Y3/4: Safety and the changing body (Cycle B) | Y3/4: Safety and the changing body (Cycle B) | Y3/4: Citizenship (Cycle B) | | Y3/4: Economic wellbeing (Cycle B)  Y3/4: Transition (Cycle B) |
| 4 | Y5/6: Families and relationships (Cycle B) | Y5/6: Health and wellbeing (Cycle B) | Y 5/6: Safety and the changing body (Cycle B) | Y 5/6: Safety and the changing body (Cycle B) | Y5/6: Citizenship (Cycle B) | | Y5/6: Economic wellbeing (Cycle B)  Y5/6: Transition (Cycle B)  Year 6 ONLY (Cycle B) Identity |